

KAIROS CIRCLE

KAIROS

Brief description:

To hear the voice of God in your life and to respond in obedience to His voice. This happens every day, several times a day. It could happen in a conversation, listening to a song, hearing a sermon, or every time you open the Living Word of God.

Situations in which to use this shape:

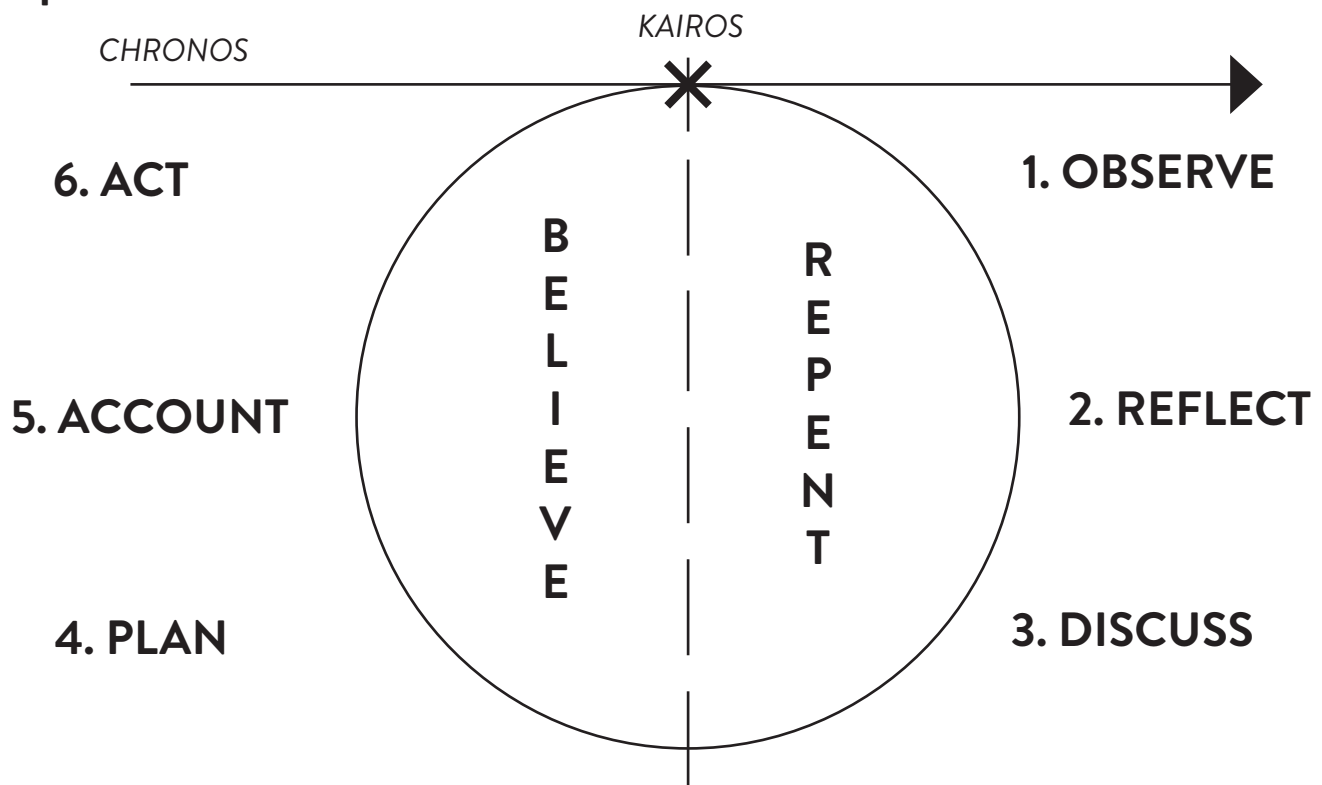
The Kairos circle is really the foundation of huddle, discipleship, and the Christian life. Thus, Kairos can always be applied, and use of any other shape should lead to a Kairos moment.

In particular, you can use Kairos to help people in your huddle hear the voice of God and know how to respond in obedience.

Scripture: Mark 1:9-15 9

At that time Jesus came from Nazareth in Galilee and was baptized by John in the Jordan. 10 Just as Jesus was coming up out of the water, he saw heaven being torn open and the Spirit descending on him like a dove. 11 And a voice came from heaven: "You are my Son, whom I love; with you I am well pleased." 12 At once the Spirit sent him out into the wilderness, 13 and he was in the wilderness forty days, being tempted by Satan. He was with the wild animals, and angels attended him. Jesus Announces the Good News 14 After John was put in prison, Jesus went into Galilee, proclaiming the good news of God. 15 "The time has come," he said. "The kingdom of God has come near. Repent and believe the good news!"

Shape



Description:

Chronos - the Greek word the bible uses for time as we experience it in units such as seconds, days, years, etc. We want to make the most of the time we have on this planet.

Kairos - an event in time such as birthdays, anniversaries, and holidays. For us as believers pursuing God, it is a God-empowered **MOMENT** when He teaches us. When Jesus started His ministry in Mark 1:15, He said, "The **TIME** is now. The **KINGDOM** of God is near. **REPENT** and **BELIEVE** the good news." The word for **TIME** in this passage in the original language was **KAIROS**.

The timeline of your life, your Chronos, has brought you to a moment when you can meet with God. To make the most of that Kairos moment, He tells you to **REPENT** (metanoia – internal change), and to **BELIEVE** (pistis – external change). God wants His family to experience continuous spiritual breakthrough by habitually practicing the presence of God. You practice His presence by really listening when He speaks, deeply considering what He says, and authentically trusting Him by doing what He says. When we do those three things, we practice the presence of God and experience spiritual breakthrough.

The beginning of Kairos is hearing from God. Sometimes that is a struggle. Where is a place you're stuck in your life? Where is a place of growth in your life? Is there a point or message that keeps coming up in sermons, in the Word, in your conversations with fellow believers? These could all be God speaking.

The next part of Kairos is responding in obedience. To do this, proceed through these steps:

The first side of the Kairos circle is REPENT.

REPENT = INTERNAL CHANGE, which is a process. Here we ask ourselves the question, "What is God saying to me?"

1. **OBSERVE** means that you stop long enough to name your Kairos and say it out loud. You may start by describing it using lots of words. Try to narrow it down to two words. This will help you get specific about what God is really saying.
2. **REFLECT** means to deeply consider and meditate on what God is calling you to be, think, or do. Genuine reflection calls us to look at our life through God's eyes. Picture yourself doing what He is teaching you so that you can count the cost.
3. **DISCUSS** means that you begin the process of creating your own accountability by talking with trusted friends who are walking after God with you. Discussion is the hinge between **REPENTANCE & BELIEF**, and the bridge that moves us from internal transformation to external obedience. You discussing can also lead to shared Kairos for others in your life.

The second side of the Kairos circle is BELIEVE.

BELIEVE (FAITH) = leads to EXTERNAL CHANGE, which is a process. Here we ask ourselves, "How do I respond to what God said to me?"

4. **PLAN:** Now that you've counted the cost and considered deeply what God is teaching you, **MAKE A PLAN** of action to do it. Your plan should be specific and very detailed (this will help you know if you are being obedient. Share your plan with your huddle.



5. **ACCOUNTABILITY:** Even though almost everyone resists accountability, disciples of Jesus must embrace it. You can make accountability simple by creating a question your huddle asks you that will remind you what God said to you and what you agreed to do about it. Accountability is just like a mirror. When your group asks you the accountability question, they are demonstrating that they love you enough to remind you to conform your life to the picture God showed you in your Kairos moment. The accountability questions should get to the spirit of your plan, not just the execution of the details, i.e. “Did your heart change, is transformation of your character happening?”
The goal = demonstrated faith!

6. **ACT:** now get out there and do it.

The final part of Kairos is the change in trajectory of your life. Kairos moments shouldn't just be something you discuss in huddle. Once you act on the plan you and your community made, then your life will look different. It may be on a big scale (deciding to go on a church plant, etc.) or it may be on a smaller scale (spending your lunch break in prayer instead of scrolling through Instagram, etc.) - but it will all affect the way you interact with God, with fellow believers, and with the world.

Application in huddle:

Applying this shape could be as simple as asking: What are your kairos moments this week? What has God been saying to you? How can we help you respond in obedience?

Alternatively, your huddle could be discussing something else or going through another shape, and in that conversation, God speaks to someone in your huddle. Then proceed through the Kairos circle, helping them process what God is saying to them and helping them act in obedience.

Resources and Sources:

<http://godsfaithpath.com/learning-circle>

<https://passionfruitblog.wordpress.com/2009/09/08/lifeshapes-the-circle/>

Building a Discipling Culture by Mike Breen

